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#### Involvement of Skin by Internal Malignancy

- Direct (non-paraneoplastic)
  - Presence of tumor cells within the skin
     Direct tumor extension
    - Metastases
- Indirect (paraneoplastic)

  - No presence of tumor cells within the skin
    Visceral tumors may secrete a variety of inflammatory, proliferative and/or metabolic factors that lead to cutaneous changes

  - Interaction actions and teat of uninefous changes

    Up to 20% of cancer patients experience pagase

    unrecognized

    Cutaneous manifestations may develop before a diagnosis of malignancy is
    determined; thus, these findings may aid the physician in the early identification
    of malignancy.

#### Paraneoplastic Syndrome

- · Curth's Postulates- At least one of the following:
  - Malignancy & cutaneous disorder are of concurrent onset
  - Malignancy & cutaneous disorder should follow a parallel course
  - . Successful treatment of the malignancy leads to regression of the skin disease Recurrence of the malignancy leads to a return of the skin disease
  - A specific malignancy is associated with a specific cutaneous disorder
  - There is a statistically significant relationship between the malignancy & cutaneous disorder based on case-control studies

  - There is a genetic association between the malignancy & cutaneous disorder

#### Paraneoplastic Syndromes

- Strong correlation w/malignancy:
  - Acanthosis Nigricans Maligna (ANM)
  - Acquired pachydermatoglyphia (tripe palms)
  - Erythema gyratum repens (EGR)
  - Acrokeratosis paraneopastica (Bazex Syndrome)
  - Acquired hypertrichosis lanuginosa (AHL)
  - Necrolytic migratory erythema (NME)
  - Leser-Trelat sign (LTS)
  - Paraneoplastic pemphigus (PNP) Necrobiotic Xanthogranuloma (NXG)
- Pinch purpura/Primary Systemic
- Weaker correlation w/malignancy: Familial Cancer Syndromes:

  - aker correlation w/maligna Dermatomyositis Pyoderma gangrenosum Sweet syndrome Trousseau Syndrome Extramammary Paget's disease Systemicitch Acquired icthyosis Flushing
- · Autosomal Dominant:
  - Neurofibromatosis
     Multiple Endocrine Neoplasia

  - Peutz Jeghers
  - Gardner's

  - Cowden
     Muire Torre
  - Autosomal Recessive
    - Ataxia Telangiectasia
       Blooms
    - Dvskeratosis Congenita

#### Paraneoplastic Syndromes w/Strong Correlation with Malignancy

- Acanthosis Nigricans Maligna (ANM)
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- Necrolytic migratory erythema (NME)
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- Necrobiotic Xanthogranuloma (NXG)
- Primary Systemic Amyloid

#### Acanthosis Nigricans Maligna

- · Clinical:

  - Hyperkeratotic and velvety plaques
     Involvement of oral/mucosal and acral sites
- Distinguish AN from ANM
- Suspect underlying malignancy when:
  - Older patient
     Non-obese, non insulin resistant, non diabetic

  - Non-obese, non insulin resistat
     Cachectic appearance
     Sudden onset
     Extensive/severe involvement
     Unusual clinical distribution
     Oral mucosa and acral sites
- Associated malignancies
- Gastric adnenocarcinoma

- Gastric agenerocarcinoma
   Precedes diagnosis of malignancy in 60%
   Often occur in conjunction w/tripe palms
   Poor prognosis (mean survival 2 years from time of diagnosis)



#### Acquired Pachydermatoglyphia (Tripe Palms)

- Clinical:
  - yellowish, velvety, diffuse palmar
  - hyperkeratosis
  - · accentuated dermatoglyphic patterns - resembles intestinal villosities  $\rightarrow$  tripe
- 90% of cases associated with
- malignancy
- only)
- Gastric adenocarcinoma (Tripe palms +
- Bronchogenic carcinoma (Tripe palms



#### Erythema Gyratum Repens (EGR)

- Migratory polycyclic plaques with trailing scale
  - Migrates 1cm/day
  - Wood-grain appearance
- 80% with underlying malignancy
  - Lung/bronchogenic cancer > esophagus> breast
  - Most often **precedes** diagnosis of malignancy



An. Bras. Dermatol. 2012 Feb; 87(1)



#### Acrokeratosis Paraneoplastic (Bazex's Syndrome)

- - Psoriasiform plaques at acral sites (fingertips, helices, nose, scalp)
     May spread to involve more proximal areas
- Distinguish from psoriasis/unusual distribution for psoriasis
- · All cited cases associated w/malignancy
  - 60-75% of cases cutaneous findings **precede** malignancy
  - 80% associated w/SCC of upper aerodigestive tract
     Isolated cases of breast cancer, cholangic carcinoma, colon adenocarcinoma and Hodgkin's disease have been reported
- Treatment of underlying malignancy (as shown in pictures)



#### Acrokeratosis Paraneoplastica (Bazex's Syndrome)





#### Acquired Hypertrichosis Lanuginosa (AHL)

- Clinical
  - Long, fine, thin, white hairs of face and ears → craniocaudal spread to trunk
  - · Sudden onset
  - NOT terminal hairs
- Distinguish from other causes of hypertrichosis (drug, porphyria, endocrine)
- Malignancy associations:
  - · Women: colorectal > lung and breast cancer
  - Men: lung > colorectal cancer
  - Often appears late in cancer course → Poor prognosis





## Description Migratory Erythema (NME) Discale Integrately object intensity epithematics patches Properficiently continued to epithematic patches Management continued to epithematic



#### Leser-Trelat Sign

- · Clinical:
  - Abrupt onset of numerous seborrheic
- Entity is controversial

  - SKs usually seen in elderly when malignancy is more prevalent
     Young individuals with Leser-Trelat associated w/malignancy shows validity of sign
- · Associated malignancy:
  - Gastric or colon adenocarcinoma> lymphoproliferative malignancy> other
  - Presents at advanced stage (avg survival after dx ~10mo)



#### Paraneoplastic Pemphigus (PNP)

- - Januari.

    Painful, persistent erosions of mucosal surfaces (tongue, eyes, vermillion of lips, nose, etc)

    May spread to trunk

    polymorphous crusted pilapus

    -/- fragite versiche viblus

    \*/Hemorrhagic stomatitis' that resembles 515

    Esophagus, stomach, duoderum, intestines and lung may be involved by tenchlotikis oblitesa.
- Autoantibodies to tumor antigen cross react to proteins in skin→ blister and rash
- Associated malignancy:

  84% hematological cancer/disease
  16% non-heme malignancies
- Mortality 75-90%
- Resistant to treatment
   Poor prognosis → respiratory failure most common cause of death

Associated Malignancy	
Non-Hodgkin lymphoma	39
Chronic lymphocytic leukemia	18
Castleman disease	18
Epithelial origin carcinoma (oral cavity)	9
Thymoma	6
Sarcoma (retroperitoneal)	6
Waldenstrom's macroglobulinemia	1
Hodgkin lymphoma, monoclonal gammopathy, melanoma	<1



#### Necrobiotic Xanthogranuloma

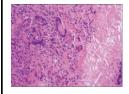
- Rare histiocytic disorder
- Indurated xanthomatous (yellow-colored) plaques with necrosis & ulceration
   How to differentiate from xanthelasma?

  - More Indurated
    May have an active erythematous border
    Ulceration
    Atrophy
    Scarring
    Periorbital location

  - May extend into the orbit-proptosis, decrease ocular movement, loss of vision
     Can involve extracutaneous sites
- Malignancy associated:
  - 10% with monoclonal paraproteinemia, usually IgG kappa type
     10% Multiple myeloma
     Lymphomas & Ieukemia less common



#### Necrobiotic Xanthogranuloma





#### Primary Systemic Amyloidosis

- · Clinical:
  - · Waxy, translucent or purpuric papules
  - Periorbital and pinch purpura
  - Amyloid infiltration of blood vessels results in fragility
     May appear after rubbing the eyes, coughing, or straining during defecation

  - Macroglossia
  - "Shoulder Pad" Sign
  - · Direct deposition of amyloid in the deltoid muscles
  - Follicular 'spicules' on the face (myeloma pts)
- Pathophysiology:
  - Deposition of protein AL (light chain)
- Association:
  - Almost always have an underlying plasma cell dyscrasia
  - Multiple myeloma in 13–16% of case





#### Follicular Spicules of Myeloma



J Am Acad Dermatol. 2003 Oct;49(4):736-4

#### Paraneoplastic Syndromes w/Weaker Correlation with Malignancy

- Dermatomyositis
- Pyoderma gangrenosum
- Sweet syndrome
- Trousseau Syndrome
- Extramammary Paget's Disease
- Systemic itch
- Acquired ichthyosis
- Flushing (Carcinoid Syndrome and others)

#### Dermatomyositis

- Clinical:
   Helioptrope rash, scalp rash, severe pruritus, "Shawl" and "V" sign, Gottron's papules & sign, linear extensor erythema, "Holster" sign, dilated periungual erythema/capillary loops and ragged cuticles
- Incidence of cancer in DM increased 5-7x
- 18-25% of adult DM pts have malignancy
   No increased risk in juvenile DM
- Dx concurrent or predating malignancy If DM diagnosed first, many authors recommend:

  - Age-appropriate cancer screening
     CXR and/or CT chest/abdomen/pelvis in especially high-risk patients (e.g., smokers)
  - . Some recommend pelvic and/or transvaginal ultrasound in females
- Continue the same annually for the next 2-3 years Incidence of malignancy decreases in the 3 years after diagnosis
- Most commonly associated adenocarcinomas of:
  - Ovary, breast, cervix, lung, GI tract

#### Dermatomyositis Heliotrope rash



#### Dermatomyositis Gottron's papules









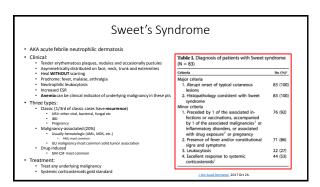






# Pyoderma Gangrenosum • Clinical: • Tender papules, papulopustules or vesicles → painful and rapidly enlarging \$TERLE tiless w undermined gummetal colored borders, healing w/ cribriform scar. • Variants: classic, pustular, bullous, vegetative • Pathergy (lealons induced or worsened by trauma/debridement to skin) • Anterior lower leg most common site • Diagnosis of exclusion (exclude infection, malignancy, other inflammatory) • 50% of cases of PG have an associated disease: • IBD (65%)» Remarkologic conditions (16%) > Hematologic malignancy (13%) • PG and malignancy • IgA gammopathy in 10% of PG cases • Other hematologic malignancies include AML and myelodysplasia • Solid organ malignancies reported much less commonly







#### Trousseau Syndrome

- · AKA migratory superficial thrombophlebitis
- Superficial or deep inflammation of veins due to blood clot formation/hypercoagulable state
- Palpable erythematous cords (representing inflamed vessels)
- Recurrent & migratory pattern
   May appear at unusual sites
   Chest
   Upper extremities

- nderlying malignancy 50%

  Adenocarcinomas most common
- - Pancreas (24%)
     Lung (20%)

- Treatment:

   Treat underlying cancer
   Heparin may help; warfarin has NO effect
  Of note, Dr. Trousseau later himself developed this sign & predicted that he
  must have an underlying visceral malignancy; he subsequently died of gastric
  cancer several months later



#### Extramammary Paget's Disease (EMPD)

- Reddish-brown eczematous plaques occurring on apocrine gland-bearing areas
   Vulva (60%)
- Perianal region (20%)
   Penis/scrotum (15%)
   Axillae (5%)

- Often mistaken for eczema, psoriasis, intertrigo or tinea
- Most commonly represents a primary intraepithelial adenocarcinoma arising locally from the epidermis or adnexal structures (75%)
- May also be secondary to an underlying visceral malignancy (25%)
  - Most internal tumors are anatomically-related and extend directly to involved skin (but not always)

    Lower Gi tract (colon & rectum)

    Lower GU tract (bladder & prostate)

#### Systemic/Paraneoplastic Itch

Chronic pruritus (>6 weeks) and normal-appearing skin

#### Workup:

- - Thorough history and examination (B-sy
     Basic laboratory tests (CBC, CMP, TSH)
- Chest x-ray

- Second line workup:
   CT imaging (not generally recommended)
   Has NOT been shown to decrease M&M other than those with high risk of lung CA
- Associated malignancy:
  - Increased incidence hematological (5-10% Hodgkin's) and bile duct carcinomas but not other malignancies
- Overall incidence of these malignancies in patients with chronic pruritus is very low
- Other diseases associated w/chronic pruritus:
- Renal disease, liver disease, thyroid disease, diabetes, depression, and anxiety
   Alcohol and tobacco use/abuse, higher BMI, and lower socioeconomic status

#### Acquired Ichthyosis

- Ichthyosis dry, thick, & scaly skin Resembles fish scales
- Clinical:
  - Similar in appearance to ichthyosis vulgaris, which is an inherited ichthyosis
  - In contrast to congenital ichthyosis, the acquired form may also be present on the palms, soles, & skin flexures
- · When associated with malignancy, **Hodgkin lymphoma** is most common (70% of cases)
- In most cases, it appears AFTER the diagnosis of malignancy
  - Malignancy workup is still prudent



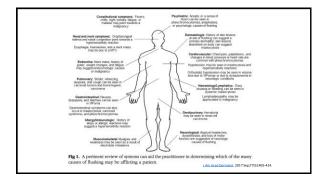
### Acquired Ichthyosis

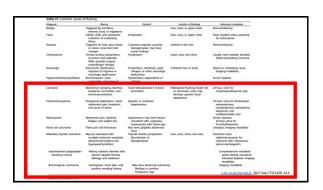


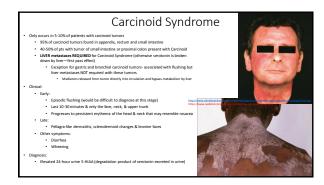
#### Flushing of Malignancy

- Consider malignancy in patients presenting with **non-physiologic** causes of flushing:
  - Episodes associated with concurrent systemic symptoms
  - Flushing involving extensive portions of the body
  - Episodes that do not resolve within minutes









Carcinoid Syndrome					
Site	Biochemistry	Clinical Picture			
Foregut bronchi, stomach, first part duodenum	5-Hydroxytryptophan, advanocorticotropin, growth hormone, gastrin, growth hormone releasing hormone	Protracted, purplish or violaceous flush, manifestation of other ectopic hormone secretion			
Midgut second part of duodenum, jejunum, ileum, ascending colon	Serotonin, kinins, neuropeptides, prostaglandins	Pink-red flush			
Hindgut transverse, descending colon and rectum	None	Only local symptoms			
Adapted from Vinik Al: Neuroendoorine tumors of	carcinoid variety. In DeGroot LJ (ed): Endocrinology, 3rd ed, vol 3. Philadelp	Na, WB Saunders, 1995, pp 2803-2812.			
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## Familial Cancer Syndromes with Cutaneous Manifestations

- Autosomal Dominant:
  - Neurofibromatosis
  - Multiple Endocrine Neoplasia
  - Peutz Jeghers
  - Gardner's
  - Cowden
     Muire Torre
- Autosomal Recessive
- Ataxia Telangiectasia
- Blooms
- Dyskeratosis Congenita

#### Autosomal Dominant Disorders Associated with Malignancy

Disorder	Affected Gene	Cancer association	Clinical Features	Skin findings
Neurofibromatosis	Neurofibromin	Neurofibrosarcoma	Lisch Nodules	Neurofibromas
		(Rare)	Seizures	Café-au-lait macules
			Deafness	
Multiple Mucosal Neuro-	RET Proto oncogene	Medullary Thyroidcar-	Neuromas of Lip, tongue	Neuromas of lip, tongue
ma syndrome		cinoma	and oral mucosa	and oral mucosa
Peutz Jeghers syndrome	STK11 (Serine Threonine	Instestine	Intestinal Polyps	Pigmented macules
	Kinase)			on Vermilon border of
				lip, mucosa, face, acral
				extremities
Gardners syndrome	APC Adenomatosis	Colon	Osteomas	Epidermoid cysts
	Polyposis coli Gene		Colon Polyps	
			Desmoids	
			Abnormal dentition	
Cowdens syndrome	PTEN (Phosphate and	Breast	Mucosal papules	Keratotic facial Papules
	tension homologue delet-	Thyroid	Fibrocystic disease of the	Acral Keratosis
	ed on chromosome 10)		Breast	
Torres syndrome	MSH2 (Melanocyte stim-	Colon	Colon Polps	Sebaceous tumoes
	ulating Hormone)		1	Keratoscanthomas
	MLH1 (Micronuclear			
	Linker Histone)			
	Table-2: Autosomal domin	ant diseases associated with	skin changes and malignancy	

#### Autosomal Recessive Disorders Associated with Malignancy

utosomal recessive	Progressive cerebellar	Lymphomas
	ataxis Telengiectasia Recurrent sinus and Pul- monary infections Decreased or absent serum IgA	
utosomal recessive	Photosensitivity Telengiectasia of sun exposed skin Short stature Decreased serum Igs Rocurrent infections	Lymphomas Leukemias
-Linked recessive utosomal Dominant	Skin strophy and Hyper- pigmentation Nail dystrophy Oral Procancerous Leuko- keratosis	Oral cancers Other malignancies
		Nail dystrophy Oral Precancerous Leuko-

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